



Neuromodulator Botulinum Toxin Type A Injectable Informed Consent

I understand that I will be injected with botulinum A toxin in the glabella muscles to paralyze these muscles temporarily, the forehead or crow's feet around the lateral area of the eyes, or other areas deemed appropriate to treat by my provider. Injection of a neuromodulator into the small muscles between the brows causes those specific muscles to halt their function (be paralyzed), thereby improving the appearance of the wrinkles. I understand the goal is to decrease the wrinkles in the treated area. I understand that more than one injection may be needed to achieve a satisfactory result. This paralysis is temporary, and re-injection is necessary within three to four months to maintain the effect. It has been explained to me that other temporary and more permanent treatments are available.

I will follow all aftercare instructions, as it is crucial I do so for healing. I will not lay down flat or work out for four hours following treatment. I have been advised not to take any aspirin or anti-inflammatory medications for five to seven days prior to or after my neuromodulator injection appointment. Neuromodulators should not be administered to woman who is pregnant or nursing. As injecting neuromodulators is not an exact science, the number of units injected is an estimate of the amount of neuromodulator required to paralyze the muscles. There might be an uneven appearance of the face, with some muscles more affected by the neuromodulator than others. In most cases, this uneven appearance can be corrected by injecting neuromodulator in the same or nearby muscles; however, in some cases, this uneven appearance can persist for several weeks or months. This list is not meant to be inclusive of all possible risks associated with neuromodulators, as there are both known and unknown side effects associated with any medication or procedure.

Contraindications

Do not receive Botox®, Dysport®, Jeuveau®, or Daxxify® if you are allergic to any of its ingredients of botulinum toxin and serum albumin or allergic to cow's milk protein (Dysport), have a skin infection at the planned injection site or are pregnant or breastfeeding. Neuromodulator botulinum A toxins are FDA approved for use in adults over the age of 18.

I acknowledge that I am not aware that I have of any of these stated contraindications. **Initial**

Possible Risks and Precautions

Tell your doctor about any swallowing or breathing difficulties and all your muscle or nerve conditions, such as amyotrophic lateral sclerosis (ALS or Lou Gehrig's disease), Myasthenia Gravis, or Lambert-Eaton syndrome, which may increase the risk of serious side effects including difficulty swallowing and difficulty breathing.

Tell your doctor if you have or have had bleeding issues; plan to or have had surgical changes to your face; have forehead muscle weakness such as trouble raising your eyebrows; drooping eyelids; or any changes to your face.

Tell your doctor if you are pregnant, plan to become pregnant, are breastfeeding or plan to breastfeed. It is not known if botulinum toxins can harm your unborn baby or if it passes into breastmilk.

Tell your doctor if you have received any other botulinum toxin product in the past four months or any in the past and let your doctor know exactly which product you received. Let your doctor know if you have received an antibiotic by injection, take muscle relaxants, take allergy or cold medicine, or take a sleep medicine.

I will inform my doctor of all medical conditions and medications. **Initial**

Important Safety Information

Spread of toxin effects: In some cases, the effects of botulinum toxin may affect areas of away from the injection site. Symptoms can happen hours to weeks after injection and may include swallowing and breathing problems, loss of strength and all over muscle weakness, double vision, blurred vision and drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, or loss of bladder control. Swallowing and breathing problems can be life threatening and there have been reports of death. You are at the highest risk if these problems are pre-existing before injection. These effects could make it unsafe to drive a car, operate machinery, or do other dangerous activities.

Risks and Possible Complications

I understand and acknowledge that risks and complications may include:

- **Bleeding:** Bleeding is possible, though unusual.
- **Bruising:** Following this procedure, it is not uncommon for bruising to occur at the injection site. Bruising is possible anytime you inject a needle into the skin. This bruising can last for several hours, days, weeks, months, and, in rare cases, the effect of bruising could be permanent.
- **Damage to deeper structures:** This treatment can cause damage to structures such as nerves and blood vessels.
- **Allergic reactions:** In rare cases, local allergies to botulinum toxin A preparations have been reported. Systemic reactions, which are more serious, may result from any medication or substance used during the procedure. Allergic reactions may require additional treatment.
- **Infections:** Infections can occur, which in most cases are easily treatable, but, in rare cases, a permanent scarring in the area can appear.
- **Bumps:** Most people have lightly swollen pinkish bumps at the injection site for a couple of hours or even several days.
- **Headaches:** A small percentage of patients develop headaches for the first day following treatment with neuromodulators. In a very small percentage of patients, these headaches can persist for several days or weeks.
- **Local numbness, rash, pain at the injection site, flu-like symptoms with mild fever, and back pain.**
- **Respiratory problems, such as bronchitis or sinusitis, nausea, dizziness, and tightness or irritation of the skin.**
- **Weakness:** While local weakness of the injected muscles is representative of the expected pharmacological action of botulinum toxin A, weakness of adjacent muscles may occur as a result of the spread of the toxin.

- **Drooping of the eyelids (ptosis):** Injecting neuromodulator around the eyes may result in corneal exposure because people may not be able to blink the eyelids as often as they should to protect the eye. This inability to protect the eye has been associated with damage to the eye as impaired vision, or double vision, which is usually temporary. This reduced blinking has been associated with corneal ulcerations. There are medications that can help lift the eyelid; however, if the drooping is too great, eye drops are not particularly effective. These side effects can last for several weeks or longer. This occurs in two to five percent of patients.

Pre-Care

- Avoid taking aspirin or other non-steroidal anti-inflammatory drugs such as Ibuprofen, Advil, Motrin, Nuprin, Aleve, Celebrex, Fish oil, Ginko Biloba, St. John's Wort, and Vitamin E 7-10 days prior to procedure as these may cause increased risk of bleeding and bruising at the treated sites. **Please consult your physician before stopping aspirin**
- Avoid alcoholic beverages for 24 hours prior to procedure to avoid increased risk for bleeding and bruising at the treated sites.
- Avoid treatment if you have active skin infections in the areas to be treated.
- You may take acetaminophen (Tylenol), if not contraindicated, 1 hour prior to treatment for discomfort

Post-Care

Try to use the injected muscles for the first 1-2 hours after treatment: practice frowning, raising your eyebrows and squinting to help work toxin into your muscles for optimal results.

- Do not touch or rub the injected site 2-4 hours following treatment.
- Avoid exercise and sweating for the rest of the day.
- Avoid hot tubs or saunas.
- Avoid lying down or leaning forward 2-4 hours after treatment.
- Avoid any type of facial, microderm abrasion, or massage for 14 days after
- Avoid Ibuprofen, Advil, or Motrin
- Tylenol is acceptable for discomfort unless contraindicated.

Precautions

You should not receive treatment for any of the following:

Myasthenia Gravis

Neuromuscular disorder

Allergy to human albumin

Allergy to Botulinum Toxin

Allergy to cow's milk protein (Dysport®)

Pregnant or breastfeeding

Results

The results of your treatment can take up to 14 days to take full effect. You may notice a change in 4-5 days. It takes time for the muscles to lose strength and the lines to fade following treatment. Please wait until 14 days before assessing satisfaction with the results.

Please remember Tox treatments are temporary. Initial treatment results will last approximately 3-4 months. If you maintain your treatment appointments with the frequency recommended by your provider, the duration of each treatment results may last longer than 4 months.

I acknowledge that while good results are expected, I may be disappointed with the results of the procedure. The procedure may result in unacceptable visible deformities, loss of function and/or loss of sensation. I understand there is no guarantee of results of any treatment. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand, the above paragraphs, and that I have had sufficient opportunity for discussion and to ask questions. I consent to this treatment today and for all subsequent treatments. I am over the FDA approved age or have signed a waiver.

Publicity Materials

I hereby authorize the taking of clinical photographs and videos and their use for scientific and marketing purposes both in publications and presentations. I understand the photographs and videos may be taken of me for educational and marketing purposes. I hold BloGo Salon + MedSpa and Dr. Justin Bevel harmless for any liability resulting from this production. I waive my rights to any royalties, fees and to inspect the finished production as well as advertising materials in conjunction with these photographs. Initial_____

Payment

I understand that this is an “elective” procedure, and that the payment is my responsibility and is expected at the time of treatment.

Questions or concerns:

Please contact us at (205) 861-2546

For questions or concerns not requiring an immediate response please email: shannon@blogosalonmedspa.com

If you are experiencing a medical emergency, please call 911 promptly.

Patient Name: _____

Date of Birth: _____

Patient Signature _____

Date: _____